

Bridge House Independent School

Spring term Menu



Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day	L1	Chilli-con-carne	All day breakfast	Roast Chicken dinner	Sausage and mash	Peperoni pizza
		Vegetable and bean chilli (v)	Vegetarian breakfast (v)	Baked cauliflower cheese (v)	Vegetarian Sausage and Mash (v)	Cheese pizza (v)
Served with		Rice and Side salad	Baked beans	Roast potatoes, cabbage, carrots vegetables	Carrots and green beans	Potato wedges and beans
OR						
Jacket potato, served with a side salad.	L2	Tuna Mayo or cheese (v)	Chilli	Beans or cheese	Coronation chicken or coleslaw (v)	Cheese or beans
OR						
Salad	L3	Ham or egg(v)	Broccoli and cheese quiche	Tuna Mayo or cheese(v)	Roast chicken or cheese (v)	Cheese and coleslaw
OR						
Cold option served with side salad	L4	Tuna and cucumber or Ham and tomato sandwich	Chicken or cheese (v) Salad wrap	egg salad soft roll	Cheese (v) or Ham and tomato sandwich	Crispy chicken or cheese (v) Salad wrap
AND						
Dessert		Flapjack and fruit	Yoghurt and fresh fruit	Carrot cake	Yoghurt and fresh fruit	Hot fruit dessert of the day

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Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day	L1	Chicken Korma and rice	Steak pie	Roast pork dinner with sage and onion stuffing	Lasagne and garlic bread	Fish cakes
		Vegetable Korma and rice (v)	Vegetable pie(v)	Quorn fillet with sage and onion stuffing(v)	Vegetable lasagne and garlic bread(v)	Vegetable fritter(v)
Served with		Side salad	Carrots, cabbage and new potatoes	Mixed vegetables and roast potatoes	Side salad	potato wedges and peas
OR						
Jacket potato, served with a side salad.	L2	Cheese and beans(v)	Korma Vegetable Korma (v)	Tuna Mayo or cheese(v)	Cold meat or cheese(v) and coleslaw	Cheese and beans(v)
OR						
Salad	L3	Tuna mayonnaise or cheese(v)	Chicken or cheese(v)	Vegetable Quiche(v)	Ham or cheese(v) and coleslaw	Egg(v)
OR						
Cold option served with side salad	L4	Cheese and cucumber(v) or Ham and tomato sandwich	Chicken or cheese(v) Salad wrap	Egg salad soft roll(v)	Cheese and cucumber(v) or Ham and tomato sandwich	Chicken or cheese (v)Salad wrap
AND						
Dessert		Lemon drizzle cake	Yoghurt and fresh fruit	Jelly and fruit	Yoghurt and fresh fruit	Hot fruit dessert of the day

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Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day	L1	BBQ chicken	Sausage plait	Roast chicken dinner	Tuna pasta bake	Breaded chicken
		Corn in BBQ sauce(v)	Vegetable tart(v)	Vegetable crumble(v)	Maccaroni cheese(v)	Breaded vegetable burgers(v)
Served with		Rice, sweetcorn and peas	Mashed potato and mixed vegetables	Roast potatoes and mixed vegetables	Side salad	Potato wedges and beans
OR						
Jacket potato, served with a side salad.	L2	Cheese and beans(v)	BBQ chicken	Tuna mayo or cheese(v)	Coronation chicken	Cheese and coleslaw(v)
OR						
Salad	L3	Egg (v)	Broccoli and cheese quiche(v)	Tuna Mayo or cheese(v)	Coronation chicken or cheese(v)	Ham or cheese(v) with coleslaw
OR						
Cold option served with side salad	L4	Cheese and cucumber(v) or Ham and tomato sandwich	Chicken or cheese Salad wrap	egg salad soft roll (v)	Tuna and cucumber or cheese and tomato (v) sandwich	Crispy chicken or cheese (v) Salad wrap
AND						
Dessert		Fruit sponge cake	Yoghurt and fresh fruit	Ice cream and tinned fruit	Yoghurt and fresh fruit	Hot fruit dessert of the day

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Week 4		Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day	L1	Cottage pie	Chicken fajitas	Roast pork dinner with sage and onion stuffing	Pasta bolognese	Fish fingers
		Vegetable pie(v)	Vegetable fajitas(v)	Quorn fillet with sage and onion stuffing(v)	Pasta Pomodoro(v)	Vegetable fritter(v)
Served with		Carrots and peas	Side salad	Mixed vegetables and roast potatoes	Garlic bread and Side salad	Potatoes, peas and sweetcorn
OR						
Jacket potato, served with a side salad.	L2	Cheese and beans(v)	Tuna Mayo or cheese(v)	Cheese and beans(v)	Cold meat or cheese(v) and coleslaw	Cheese and beans(v)
OR						
Salad	L3	Ham or cheese(v)	Cheese and onion quiche(v)	Tuna Mayo or cheese(v)	Pork or Egg(v) with coleslaw	Beans or cheese(v)
OR						
Cold option served with side salad	L4	Tuna and cucumber or cheese and tomato (v)sandwich	Chicken or cheese(v) Salad wrap	Egg salad soft roll(v)	Cheese and cucumber (v) or Ham and tomato sandwich	Crispy chicken or cheese (v) Salad wrap
AND						
Dessert		Banana loaf	Yoghurt and fresh fruit	Flapjack and fruit	Yoghurt and fresh fruit	Hot fruit dessert of the day